

MENU

V Vegetarian **VG** Vegan **GF** Gluten-Free

GF* Gluten-Free Available

Please note that our dishes are prepared in a kitchen where nuts, gluten, and other allergens are present. While we take precautions to minimise cross-contamination, we cannot guarantee that any food item is completely free from traces of allergens. Some fish dishes may contain small bones.

If you are unsure or need specific advice, please ask a member of our team who will be happy to assist.

THE WHARF
BAR • FOOD • SPORT

STARTERS

Southern Spiced Chicken Tenders Garlic mayo	£9.00
Atlantic Prawn Bruschetta (GF*) Lemon and caper mayonnaise Garlic ciabatta Tomato salsa	£10.00
Falafel (VG) Pitta bread Sun-blushed tomato and pumpkin seed pesto	£8.00
Soup Du Jour (VG) (GF*) Ask your server for today's soup Artisan sourdough bread	£8.00
Nachos (V) (GF) Cheddar cheese Sour cream Guacamole Homemade salsa Cheese Sauce	£10.00

MAINS

8oz Jersey Angus Ribeye Steak Parmesan and rocket salad Garlic butter Vine tomatoes Chips Flat mushroom Peppercorn sauce or Béarnaise sauce Add 4 King Prawns	£28.00 £6.00
Truffle Scented Butter Chicken Oven baked baby naan Basmati rice Mixed salad	£17.50
Nairobi Spiced Breaded Salmon Jersey royals* Mixed salad Lemon mayonnaise	£22.00
Sun Blushed Tomato Pesto Pasta (VG) (GF*) Tomato and Pumpkin Seed Pesto Vegan Cream Vine Tomatoes Vegan Cheese Garlic Bread Add Chicken Add 4 King Prawns	£15.00 £2.00 £6.00
Wharf Bar Fish & Chips Crushed garden peas Tartare sauce	£16.00
Madras Lamb Curry Oven baked baby naan Basmati rice Mixed salad	£19.50
Ploughman's Platter (GF*) Olive mortadella BBQ ham Smoked Applewood cheddar Brie Grapes Gherkins Mixed salad Onion chutney Artisan sourdough bread	£15.00

*Subject to seasonal availability

BURGERS & SANDWICHES

All burgers and sandwiches are served with chips and Pomme house slaw

The Sinful Burger £1 from each sale will be donated to our 2024 Seymour Hotels Charities - Cancer Relief, JSPCA & Mind Jersey 6oz Jersey beef patty Bacon Gherkins Smoked Applewood cheddar Lettuce Tomato Sriracha mayo Onion rings	£18.50
4oz Jersey Angus Sirloin Steak Ciabatta Rocket Monterey Jack cheese Garlic butter Peppercorn sauce	£16.00
Homemade Chickpea Burger (VG) Crispy chickpea patty Lettuce Tomato salsa	£14.00
Cheesy Ciabatta (V) (GF*) Red Leicester Smoked Applewood cheddar Mayonnaise Lettuce Tomato Add Parma Ham	£12.00 £3.00
Jersey Crab and Prawn Ciabatta (GF*) Hand-picked crab Atlantic prawns Lettuce Tomato Cucumber	£15.00
Crispy Chicken Wrap Southern fried chicken Cheddar cheese Garlic and lemon mayonnaise Lettuce	£13.00

SIDES

Mixed Salad (VG)	£4.00
Chips (VG)	£4.00
Sweet Potato Fries (VG)	£4.00
Mixed Vegetables (VG)	£4.00
Truffle and Parmesan Fries	£5.00

DESSERTS

Eton Mess (GF) Fresh berries	£7.00
Tiramisu Ladyfinger biscuit Fresh berries	£7.00
Jersey Black Butter Chocolate Mousse (VG) (GF) Chocolate mousse Jersey black butter Berry compote	£7.00
Jersey Dairy Ice Cream (3 Scoops)	£7.00
Sticky Toffee Pudding (V) Homemade pudding Butterscotch sauce Vanilla ice cream	£7.00
Pomme d'Or Apple Mousse (VG) (GF) Chocolate crumble Cinnamon tuile	£7.00